Disability Sports Programme

www.wiltshire.gov.uk/leisure-ability-sport
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Disability Sports programme

Ensuring sport is accessible for all continues to be a key priority for Wiltshire Council and over the last 4 years there has been a significant increase in the number of disabled people accessing and taking part in sport across the county.

The Ability Sports programme provides opportunities for both adults and young people with disabilities to access a sport of their choice.

Watch our Ability Sports video to find out more about our sessions and the type of activities we deliver - www.wiltshire.gov.uk/leisure-ability-sport

Inclusion coach programme

Wiltshire Council currently employ a disability sports coach who works in various schools across the county. Sessions include the delivery of both after school clubs and sessions during school time, ensuring young people with disabilities have access to high quality coaching sessions.

Sessions are delivered during term time and schools are provided with support for 6 – 12 weeks.

For more information please contact Rob Paget on 01722 434770 or robert.paget@wiltshire.gov.uk
Rising Stars
(Junior inclusion sports clubs)

Rising Stars is a community sports club for young people with SEN and/or disabilities who are aged 8-16 years old.

Delivered with the support of the Bath Rugby Foundation, clubs encourage young people to explore new activities and sports, helping individuals gain life skills as they take part.

Participants develop social, personal, creative and learning skills as well as benefiting from improved confidence and self esteem.

These clubs provide a safe, friendly and fun environment for everyone and new members are always welcome.

North Rising Stars
Sheldon School, Chippenham
Thursday 5 – 6pm

West Rising Stars
Trowbridge Sports Centre
Wednesday 4 – 5pm

East Rising Stars
Devizes School
Monday 5 – 6pm

South Rising Stars
Sarum Academy, Salisbury
Friday 4 – 5pm

Cost: £30 for 10 sessions   Age: 8 – 16 years old

For further information or to register at a club please contact Rob Paget on 01722 434770 or robert.paget@wiltshire.gov.uk
Inclusion holiday programme

A number of multi-sport activity days are delivered throughout the county during school holidays, providing young people with disabilities the chance to access sport outside of school.

The holiday programme provides participants with the opportunity to try new sports, meet new people, develop friendships, learn new skills and improve their confidence.

Kick It Out football activities

Kick it Out is football’s equity and inclusion campaign and uses football as a tool to promote inclusion, challenge discrimination and to work for positive change. Events are run running in both North and South Wiltshire during the October half term.

Kick it out - south
South Wilts Sports Club, Salisbury
Monday 24 October
11am – 2pm

Kick it out - north
Stanley Park Sports Ground, Chippenham
Friday 28 October
11am – 2pm

Cost: Free
Age: 8 – 19 years old for all sessions

For further information about all holiday activities please contact Rob Paget on 01722 434770 or robert.paget@wiltshire.gov.uk
Wiltshire Boccia Club

Wiltshire Boccia Club is an exciting opportunity for people with disabilities and their friends/siblings to come along and take part in a paralympic sport.

Boccia is a non-contact sport that relies upon the skill of the player rather than size, speed and strength. A ball can be propelled by rolling, throwing or kicking. A ramp can be used if required.

Due to the continued success of the Wiltshire Boccia Club, there are plans to enter a regional league from September where the club will compete in matches against other clubs in the region.

Players will experience a competitive match in a friendly atmosphere with the emphasis on taking part and enjoyment.

The club runs every other week (twice a month) from 16 July

Cost: £3 per session
Age: All ages welcome
When: Saturdays 10am – 11am
Where: Cornerways, Devizes

For further information or to register at the club please contact Geoff Mascall at mascall188@btinternet.com
County swim squad

In partnership with the Amateur Swimming Association (ASA) and local swimming clubs, the county swim squad is a Wiltshire-based swimming academy that targets young people aged 8 – 19 with a disability who show an interest and some ability in swimming.

Sessions are delivered on a monthly basis at Devizes Leisure Centre.

Members of the academy receive technical coaching and any young people who demonstrate further talent will be signposted to additional opportunities including regional training and competitive opportunities and are supported along the disability swimming pathway.

For more information please contact Stephen Miller, swimming co-ordinator on 07743 703586
Wiltshire Cricket programme

Wiltshire Council in partnership with Wiltshire Cricket launched a new disability cricket programme in 2015.

Following the success of the programme, Wiltshire Cricket’s inclusion coaches will continue to deliver schools coaching for SEN schools throughout the county in the form of PE lessons, lunch time clubs and after school clubs.

Delivery will also take place with day centres, residential homes and any other existing clubs that may be interested in receiving free cricket sessions. Wiltshire Cricket will work with Poterne Cricket Club to offer community disability cricket provision for individuals of all ages.

For further information please contact Pete Sykes, Wiltshire cricket development manager on 01249 445225 or pete.sykes@wiltshirecricket.co.uk

Wiltshire Wildcats

The Wiltshire Wildcats are a wheelchair basketball team based at Tidworth Leisure Centre.

The club provides opportunities for everyone to participate in a paralympic sport, building up their wheelchair handling, passing and shooting skills through fun games and activities.

Sessions finish with a game to enable players to put into practice the skills they have learnt. Participants do not have to be wheelchair users to play; the club welcomes anyone who is keen to play from all backgrounds.

Cost: £3 per session
Where: Tidworth Leisure Centre
When: Saturdays 2pm – 4pm, during term time
Age: 8+

For more information please contact Lorraine Norman on wildcatswbb@live.co.uk or 07826 524673
Wheelchair rental

Wiltshire Council has wheelchairs available to hire for a range of sporting events. The wheelchairs are suitable for a range of sports including wheelchair basketball and wheelchair tennis.

Schools, community groups and other organisations are welcome to hire these chairs for the day/evening to have a go at these different sports. This will provide their students and participants with an opportunity to experience paralympic sports within their school/club environment.

This opportunity is available to all schools and community groups throughout the county.

In order to take advantage of this fantastic opportunity, hirers require a sports hall for delivery to take place and a teacher/supervisor at the session to assist with supervising the participants.

Cost of the chairs

The wheelchairs are available to hire on a half-day and daily basis.

- Half-day – £120 (up to three hours)
- Full-day – £180 (up to six hours)

The cost of hiring the chairs includes:

- transporting of chairs to selected location
- a fully qualified level 2 sports coach for the duration of the session who will be responsible for delivering the session, ensuring the safety of participants and the welfare of the chairs
- fun drills and games working on chair handling, sport specific skills and finishing off with a game
- the return of the chairs to their original destination

For further information please contact Terry Bathe on 07837 535499 or terry.innov8sportzc.i.c@gmail.com
1-2-1 swimming for young people with disabilities

1-2-1 swimming lessons are delivered to beginners and improving swimmers giving opportunities for young people aged 5 – 19 to receive 1-2-1 tuition from ASA qualified swimming teachers.

These sessions are offered in six-week blocks with a maximum of 12 sessions per participant and have been heavily subsidised, resulting in an approximate 50% saving for families.

Participants can improve their water confidence and have fun.

1-2-1 swimming lessons

For Olympiad Leisure Centre – Chippenham, The Activity Zone – Malmesbury, Lime Kiln – Wootton Bassett, Blue Pool – Melksham, Trowbridge, Westbury and Warminster, please contact: Maggie Mead on 01249 444144 or maggiemead@pfpleisure.org

For Tidworth, Devizes, Marlborough, Pewsey, Durrington and Calne Leisure Centres, Five Rivers Health and Wellbeing Centre, Salisbury and Springfield Community Campus, Corsham, please contact: Fiona Sinclair on 01249 712846 or fiona.sinclair@wiltshire.gov.uk
Swindon Town ‘Football in the Community’ (STFC) PAN disability project

STFC provides a fantastic opportunity for young people with disabilities to try their hand at football in a safe, friendly and fun environment. All sessions are delivered by Swindon Town’s FA qualified coaches and will include fun games, coaching and tournaments.

**Cost:** £2 per session  
**Age:** 5 – 16 years  
**Where:** Beversbrook Sports and Community Facility in Calne  
**When:** Tuesday evenings through term time from 5pm – 6pm

Swindon Town ‘Football in the Community’ schools coaching and tournament

The ‘Football in the Community’ team offers both special schools and SEN units across the county a chance to receive high quality football sessions throughout the autumn term.

FA qualified coaches deliver sessions covering all aspects of football before a SEN festival is held at Croft Sports Centre, Swindon.

For further information about the football in the community projects please contact Clive Maguire, football development officer on 01793 421303 or clive@stfc-fitc.co.uk
Fit Club

(Agent inclusive sports)

Fit Club is a sports club for adults with disabilities who are keen to continue playing sport.

The clubs help individuals lead a healthier and more active lifestyle, as well as providing the chance to develop sporting and social skills in a relaxed and fun environment.

Participants will learn how to play many different sports and develop team skills such as communication whilst learning the importance of spatial awareness.

**North Fit Club**
Olympiad Leisure Centre
Chippenham
Thursday mornings
10.45am – 11.45am

**South Fit Club**
Five Rivers Health and Wellbeing Centre, Salisbury
Monday evenings
6.30pm – 8pm

**West Fit Club**
Trowbridge Sports Centre
Wednesday evenings
5.15pm – 6.15pm

Age: 17 years and above
Cost: £30 for 10 weeks

For more information please contact Rob Paget on 01722 434770 or robert.paget@wiltshire.gov.uk
Tennis
The Tennis Foundation is Great Britain’s leading tennis charity.

Its vision is a sport which is inclusive and accessible to every kind of community. Its aim is to provide opportunities to encourage people to maximise their personal potential through tennis.

It works closely with the Lawn Tennis Association (LTA) and a wide range of partners from across all sectors to deliver its vision and aim.

Tennis Networks
The Tennis Foundation has developed a series of networks providing disabled participants opportunities to play tennis.

Opportunities have been developed in both traditional settings such as clubs, schools and colleges and also in non-traditional settings such as multi-sport clubs and community centres.

The main purposes of the networks are to provide quality experiences, increase the number of participants playing on a weekly and monthly basis and also provide opportunities for players to develop their skills and play in competitive settings.

Tennis clubs in Wiltshire which deliver disability tennis sessions:

Chippenham TC – Richard Farr
Email: mrrichardfarr@yahoo.co.uk Tel: 07980 862243

Devizes TC – Will Baillie
Email: willbaillie@hotmail.co.uk Tel: 07737 686353

Riverside TC – Carolyn Barry
Email: johnpbarry@ntlworld.com Tel: 01722 501557

Trowbridge TC – Ron Marshall
Email: coach@trowbridgewestbournetennis.co.uk Tel: 07540 588735

Wootton Bassett TC – Ali Ward
Email: aliwardtennis@gmail.com Tel: 07737 592057

For further details regarding disability tennis in Wiltshire please contact the Wiltshire LTA county office on 07903 792305 or wiltshirecountytennis@gmail.com
Testimonials

**Steph Millward** - Rio 2016 Paralympic swimmer - two golds, one silver and one bronze.

**Aaron Moores** - Rio 2016 Paralympic swimmer - one gold.

Having a disability does not mean you can’t play, enjoy and achieve your goals in sport no matter what age you are. Sport has played a major role in both our lives and helped us become the people we are today. Four years ago we both fulfilled our life time dream of competing at the Paralympics in London, both winning medals and we are honoured to both be representing the UK and Wiltshire at the 2016 Rio Paralympics. Whether you are looking at taking part in sport recreationally or competitively the ability sports programme has something for everyone. Sport impacts people’s lives in many different ways, whether it’s improving confidence and self esteem, wanting to lead a healthier lifestyle or a chance to meet new people we would recommend contacting the Sports Development Team to sign up and get involved today.

**Dan Bethall** – Para badminton British and world number one. 2015 European champion.

Wiltshire Council’s ability sports programme provides fantastic opportunities across all sports regardless of your disability. Sport is a great way of making new friends, being more active and more importantly, it’s fun! No matter what your goals are I urge you to sign up to one of the sessions being delivered throughout Wiltshire and start your sporting career today.

**Stuart Hall** – Strategic director of the Wiltshire Parent Carer Council (WPCC) and parent of a young person with SEND.

The WPCC has worked closely with the Sports Development Team for several years. They embrace the aspirations and interests of children and young people with additional needs and always try their hardest to respond by providing a range of accessible sporting activities that children and young people with additional needs want to take part in. Activities are staffed by professionals who understand the needs of children and young people with additional needs in a safe, fun, friendly and accessible environment. The inclusive attitude of ability sports has demonstrated that a disability does not have to be a barrier to participating in a variety of sporting activities across Wiltshire. The WPCC would highly recommend the ability sports programme.
The English Federation of Disability Sport (EFDS)

The English Federation of Disability Sport (EFDS) was established in September 1998 as the umbrella body for disabled people in sport and physical activity throughout England.

Its vision is that disabled people are active for life. EFDS champion opportunities for disabled people to enjoy sport, supporting the sport and physical activity sectors to be more inclusive.

EFDS works to increase opportunities for disabled people in sport and physical activity. By supporting the sport sector and engaging with disability organisations, they are in the best position to support participation at every level.

The EFDS wants sport and physical activity to be a meaningful experience, whatever level disabled people choose. Its partnerships across different sectors mean it can use knowledge and expertise to help sport deliver more inclusive programmes.

Working with a number of focus National Governing Bodies (NGBs) of sport, EFDS ensures they maximise their own programme for disabled people. They support NGBs with its own insight on disabled people, sports development expertise, local engagement, disabled children and young people as well as marketing knowledge.

In addition EFDS works in close partnership with the National Disability Sports Organisations (NDSOs), to collectively support National Governing Bodies of sport (NGBs). This provides NGBs with more support to deliver opportunities for disabled people with specific impairments.

The NDSOs are British Blind Sport, Cerebral Palsy Sport, Dwarf Sports Association, Mencap Sport, Special Olympics GB, UK Deaf Sport and Wheelpower.

To find out more about EFDS visit www.efds.co.uk or federation@efds.co.uk
Wiltshire Parent Carer Council (WPCC)

Founded in 2008, the Wiltshire Parent Carer Council (WPCC), is an independent voluntary organisation, which is managed and run by parent carers, for parent carers.

They provide a consultation and participation service which enables parent carers to have a voice and support their children. This service offers real opportunities to influence and shape provision.

The WPCC also provides the special educational needs and disabilities information service, which offers a wealth of information as well as signposting to specialist services.

Its bespoke website aims to give visitors an enjoyable experience in accessing the information they require, or finding out things they don’t know about.

The Wiltshire Parent Carer Council supports the Ability Sports project through promoting all activities being run throughout the county, informing parents and carers of the superb opportunities that are available for their children to participants in sport.

Contact one of the team to access information or to support you through the website.

They are open from 10am – 5pm, Monday – Friday.

For further information please call 01225 764647 or email admin@wiltspcc.co.uk

Unit 1 and 2 Pentagon House
51/52 Castle Street
Trowbridge
Wiltshire
BA14 8AU

@Sport4Wiltshire #AbilitySports